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An evidence-based case study on homoeopathy in warts

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Abstract

Wart therapy utilizing homoeopathic medications is a part of this clinical presentation. This clinical case study details the successful treatment of warts on the face and axilla by homoeopathy alone, without the use of conventional medication or any other outside agents, in a 47-year-old male businessman patient. Warts are little, rough, hard growths that blend in with the skin's natural color [1, 3]. Although warts most often appear on the feet and hands, they may spread to other areas of the skin [1]. Homeopathy takes a more holistic approach, taking into account the whole patient and their unique circumstances when choosing an internal medication rather than relying just on contemporary medicine.

Keywords: Warts, homoeopathy, nitric acid

Introduction

The human papillomavirus (HPV) is the causative agent of warts, which are medically known as verrucas. They are the end product of the skin's surface protein, keratin, rapidly expanding. The many kinds of warts caused by HPV include common, plantar, plane, filiform, mosaic, and genital warts. Wearing shower shoes in public restrooms, often washing hands, not picking at warts, covering them with a bandage, and being dry are all ways to prevent contracting the virus. Although genital warts generated by some strains of HPV are not inherently hazardous, they may be a precursor to more serious health problems.

Case Study

With the use of homoeopathic remedies and a lack of external application, this case report aims to investigate the efficacy of wart treatment without the use of modern medication.

Case Summary

Family history **Mother:** Diabetic **Father:** Asthmatic **Brother:** Diabetic

Personal history

- **Diet:** Mixed diet
- **Appetite:** Good
- **Thirst:** 7 to 8 glasses (when he feel thirsty, drinks 2 glasses)

A 47-year-old businessman from a middle-class family came to the clinic on March 26, 2022, complaining of widespread weakness that had been going on for three years as well as warts all over his body, particularly on his face and in his axilla.

History of presenting complaint: Patient is having pediculate warts on face, in axilla.

Small, rough warts cover the whole body, but are most noticeable on the cheeks, forehead, and axilla. Poking a wart causes excruciating discomfort. Weakness is present on a broad scale. The patient is experiencing unpleasant sweating and firm stools.

Past history

Taking Metformin twice a day for diabetes for the last four years.

I have had hypertension for four years, and I have used the medicine Telma 20 once.

- **Desire:** Salt
- **Urine:** 4-5/2 – D/N
- **Stool:** Hard pain full while passing, difficulty in passing stool
- **Perspiration:** Offensive
- **Sleep:** Refreshing
- **Dreams:** Not specific
- **Thermal:** Want to cover
- Taking bath all season with hot water
- Cannot bear cold breeze
- Fanning not required
- **Food:** Not specific

Mental state: Sensitive to noise

General examination: Moderate built, Dark complexion

Vital signs

- **Blood Pressure:** 120/80mm of Hg
- **Heart Rate:** 74/min
- **Pulse Rate:** 74/min
- **Temperature:** 98.6°F

Local examination of warts

The appearance of the warts is as follows

- Numerous small, rough, pediculate lesions on whole body, axilla, cheeks, forehead
- Rough growth on the face
- Rough, round and oval lesions are seen on axilla -- flat or slightly raised warts which are painful on pressure.

Provisional Diagnosis: Warts





Case Analysis

Mental general: Sensitive to noise

Physical general

- Salt desire
- Hard stool, pain full while passing
- Chilly Patient
- Perspiration offensive

Particulars

- warts on the body, face, axilla

Evaluation of Symptoms **Grade 1:** Sensitive to noise **Grade 2:**

- **Desire:** Salt
- **Stool** Hard stool, pain full while passing
- **Thermals:** Chilly
- **Perspiration:** Offensive

Grade 3

- Warts on the face, Neck, and axilla

Reportorial totality

- Sensitive to noise
- Salt desire
- Hard stool
- Perspiration offensive
- Chilly
- Warts pediculate

Repertory sheet

Symptoms: 6	Remedies: 986	Show Repertorisation Tools										Prescribe	Remedy List	Record	Replace	View All
Remedy Name	Nit-ac	Sep	Thuj	Sil	Phos	Caust	Nat-m	Carb-v	Nat-s	Sulph						
Totality	24	22	22	20	19	18	18	18	18	18						
Symptoms Covered	6	6	6	6	5	6	6	5	5	5						
Kingdom																
[Complete] [Skin]Warts, condylomata: (191)	4	4	4	4	4	4	4	3	4	4						
[Complete] [Mind]Sensitive, oversensitive:Noise, to: (372)	4	4	3	4	3	3	4	3	4	3						
[Complete] [Generalities]Food and drinks:Salt or salty food:Desir...	4	3	3	1	4	3	4	4	3	3						
[Complete] [Rectum]Constipation: (853)	4	4	4	4	4	4	4	4	4	4						
[Complete] [Skin]Warts, condylomata:Large: (17)	4	3	4	3		3	1									
[Complete] [Perspiration]Offensive: (215)	4	4	4	4	4	1	1	4	3	4						

Repertorial Result Nitric Acid: 6/21

Thuja: 6/19

Phosphorus: 5/19

Sepia: 5/19

Carbo-veg: 5/18

Prescription

Indicated remedy: Nitric Acid

Indications

- warts pediculate
- chilly
- Sensitive to noise, hard stool with pain full
- Offensive perspiration ^[6]

Potency selected: Nitric Acid - 200potency – 1 dose on (26-3-2022)

Follow up

Date	Medication	Potency & dose	Complaints
26-3-2022	Nitric acid	200 - 1 dose for 30 days	warts
28-4-2022	Placebo	2times morning and night	Patient said warts are decreasing
25-5-2022	Placebo	2 times morning and night	Warts have fallen out. Patient is satisfied.

Materials and Methods

In the present case 47years male businessman patient came with complaints of warts on his whole body especially face and axilla and this case was completely managed by Homoeopathy without the intervention of modern medicine or any external application.

Results

Warts are cured with a single individualized homoeopathic medicine.

Conclusion

This case study demonstrates the efficacy of homeopathic medicines, which do not need any external application and do not cause any negative effects. Even if the patient's overall health was terrible, homeopathy showed promise in helping those with warts live better lives. It highlights the therapeutic usefulness and strong potency of homeopathic medications and further supports their effectiveness in treating such conditions.

References

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The Britannica Online Entry for Warts "The Boeninghausen Pocket Guide to Therapeutics" Alan T.F. An alphabetical listing of homoeopathic remedies compiled by Dr. S.R. Phatak traits associated with Boeninghausen Medical Materials and Reference Including a word index C.M. Boger, M.D. [Name] In the 9.1b version of Dr. Frederick Schrödens's Repertorium Homoeopathicum Syntheticum, there is an augmented clinical synthesis. Publishing House Jain (p) l.t.d. An Up-to-Date Compendium of Homoeopathic Remedies and Their Interrelationships John Boericke.